

## Anesthesia Alert

**ELECTIVE SURGERY CASES WILL BE CANCELED** if your patients are taking prescription or OTC diet meds which contain ephedrine (ephedra, ma huang) or substances found in the original Fen-Phen formula. These preparations cause cardiovascular instability intra-operatively and post-operatively.

In order for these patients to be safely anesthetized, they must discontinue these drugs at least **2 weeks** prior to surgery. The initial screening should take place in the surgeon's office at the time that surgery is being scheduled.

Below is a list of the most common diet drugs known to contain ephedrine or some form of the Fen-Phen preparation as well as a list of other OTC, herbals, or energy boosting supplements that could have cardiovascular affects.

Thank you for your cooperation in this matter.

**If you have any questions or concerns about a drug or herbal preparation not on this list, advise the patient to stop taking the product 2 weeks prior to surgery.**

Prescriptions	Over the Counter / Herbals
<u>Fenfluramine HLI</u> -Pondimin  <u>Phentermine HCl</u> -Adipex-P -Banobese -Fastin -Obenix -Oby-Cap -Oby-Trim -Zantryl  <u>Phentermine Resin</u> -Ionamin  <u>Benzphetamine HCl</u> -Didrex  <u>Sibutramine HCl</u> -Meridia -Effexor	<u>All Products</u> containing Ephedrine / MA Huang  -Metabolife -Metabolift -Metaboless -Ripped Fuel -Ripped Fuel Extreme -Diet Fuel -Thermadrene -Eat Less Burn More -Xenadrine -Hydioxycut -Xcelerate -Xcelerate Plus -Thermatrim -Formula One -Biot Energy drinks containing Ephedra or Ma Huang  -Thermalift -Diet ZX -Slim Up -Optidrene -Fat Burner -Endless Energy (Kola Nut) -Spa Trim -Slim Up One Drink -Power 5-25 Energy Shake -Young Evity -Dong Quai -Root Powder

Call **Lake Line Direct** (local 765-5253 or toll free 1-877-765-5253) for general information on other OTC/Herbals.

Other Herbals that may cause blood pressure problems:  St John's Wort ↑      Black Cohash ↓ Licorice ↑              Chamomile ↓ Passion Flower ↓ Valerian ↓ Yohimbe ↓	Other Herbals that may cause prolonged bleeding times:  Ginko Biloba              Chondroitin Ginseng                      Feverfew Garlic                        Chamomile
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