

Anesthesia Alert

ELECTIVE SURGERY CASES WILL BE CANCELED if your patients are taking prescription or OTC diet meds which contain ephedrine (ephedra, ma huang) or substances found in the original Fen-Phen formula. These preparations cause cardiovascular instability intra-operatively and post-operatively.

In order for these patients to be safely anesthetized, they must discontinue these drugs at least **2 weeks** prior to surgery. The initial screening should take place in the surgeon's office at the time that surgery is being scheduled.

Below is a list of the most common diet drugs known to contain ephedrine or some form of the Fen-Phen preparation as well as a list of other OTC, herbals, or energy boosting supplements that could have cardiovascular affects.

Thank you for your cooperation in this matter.

If you have any questions or concerns about a drug or herbal preparation not on this list, advise the patient to stop taking the product 2 weeks prior to surgery.

Prescriptions	Over the Counter / Herbals
<u>Fenfluramine HLI</u> -Pondimin <u>Phentermine HCl</u> -Adipex-P -Banobese -Fastin -Obenix -Oby-Cap -Oby-Trim -Zantryl <u>Phentermine Resin</u> -Ionamin <u>Benzphetamine HCl</u> -Didrex <u>Sibutramine HCl</u> -Meridia -Effexor	<u>All Products</u> containing Ephedrine / MA Huang -Metabolife -Metabolift -Metaboless -Ripped Fuel -Ripped Fuel Extreme -Diet Fuel -Thermadrene -Eat Less Burn More -Xenadrine -Hydioxycut -Xcelerate -Xcelerate Plus -Thermatrim -Formula One -Biot Energy drinks containing Ephedra or Ma Huang -Thermalift -Diet ZX -Slim Up -Optidrene -Fat Burner -Endless Energy (Kola Nut) -Spa Trim -Slim Up One Drink -Power 5-25 Energy Shake -Young Evity -Dong Quai -Root Powder

Call **Lake Line Direct** (local 765-5253 or toll free 1-877-765-5253) for general information on other OTC/Herbals.

Other Herbals that may cause blood pressure problems: St John's Wort ↑ Black Cohash ↓ Licorice ↑ Chamomile ↓ Passion Flower ↓ Valerian ↓ Yohimbe ↓	Other Herbals that may cause prolonged bleeding times: Ginko Biloba Chondroitin Ginseng Feverfew Garlic Chamomile
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